



# المدرسة الهندية مسقط INDIAN SCHOOL MUSCAT

(Affiliated to the Central Board of Secondary Education, New Delhi. Affiliation No. 6130001)

ص.ب: ٢٤٧٠، روي، الرمز البريدي: ١١٢، سلطنة عمان، هاتف: ٢٤٧٨٤٠٩٧، ٢٤٧٨٤٠٦٩، ٢٤٧٨٤٠٥٥، ٢٤٧٠٢٥٦٧، فاكس: ٢٤٧٩٤٩١٩  
P.O. Box: 2470, Ruwi, Postal Code: 112, Sultanate of Oman - Tel.: 24784097, 24784069, 24784055, 24702567  
Email: info@ismoman.com Website: www.ismoman.com



ISM/PRN/135/2025-26

October 7, 2025

## CIRCULAR TO PARENTS OF BALVATIKA TO CLASS IV “Wear Any Colour – Share Your Smile”

Dear Parents,

Greetings from Indian School Muscat!

As part of the observance of World Mental Health Week 2025, we are delighted to organize a special activity for our Pre-Primary and Primary students to celebrate “Caring for Our Feelings – Staying Happy and Strong.”

To mark this occasion and promote positivity, happiness, and emotional well-being, students are encouraged to come in colourful dress (any colour) on **Thursday, October 9, 2025**.

This Colourful Dress Day encourages students to express joy, positivity, and inclusivity while learning about mental well-being in a fun way. We request parents to help their children wear a dress of their favourite colour and spread smiles all around.

We look forward to seeing our little stars shining bright and spreading happiness on this special day!

Kind regards,

Rakesh Joshi  
Principal

